

## Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Tea</b>	Yoghurt and Peaches Fruit Water	Wholemeal Toast Jam/vegemite Fruit Water	Pikelets Jam Fruit Water	Muffin Splits Jam / Vegemite Fruit Water	Fresh Scones Butter / Jam Fruit Water
<b>Lunch</b>	Vegetable Pasta <ul style="list-style-type: none"> <li>• Pasta</li> <li>• Onions, garlic, carrots, corn,</li> <li>• peas</li> </ul> Water	Chicken Burgers <ul style="list-style-type: none"> <li>• Homemade chicken patties</li> <li>• Burger Buns</li> <li>• Lettuce</li> <li>• Cheese</li> </ul> Water	Shepherd's Pie <ul style="list-style-type: none"> <li>• Mince</li> <li>• Potato</li> <li>• Mixed Vegetables</li> </ul> Water	Butter Chicken <ul style="list-style-type: none"> <li>• Chicken</li> <li>• Rice</li> <li>• Sauce</li> </ul> Water	Scuola- Lunchboxes Sandwiches - variety <ul style="list-style-type: none"> <li>• Chicken luncheon</li> <li>• Egg</li> <li>• Cheese</li> </ul> Water
<b>Lunch (Under 1's)</b>	Mash Potato, kumara, silver beet, pumpkin Puree fruit	Mash Potato, kumara, silver beet, pumpkin Puree fruit	Mash Potato, kumara, silver beet, pumpkin Puree fruit	Mash Potato, kumara, silver beet, pumpkin Puree Fruit	Mash Potato, kumara, silver beet, pumpkin Puree Fruit
<b>Afternoon Tea</b>	Banana Muffins Bananas Fruit Water	Munch & Crunch Platter Carrot & cucumber sticks Rice crackers Dip / Hummus Water	Fresh Date Scones Butter Dates Fruit Water	Bran & Apple Muffins Bran apple Fruit Water	Mouse Traps Bread Vegemite Cheese Fruit Water

**Late Snack:** May include crackers, biscuits, fresh or dried fruit

- Young children transitioning to solids will have mashed vegetables and puree fruit
- Young children teething can have baked vegemite sticks
- Menu may change on the day for special occasions eg: Birthdays / events