

Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Pikelets Jam Fruit Water	Crackers & Cheese Mealmate crackers Edam cheese Fruit Water	Fruit Toast Jam / vegemite Fruit Water	Fresh Baked Scones Jam/ vegemite Fruit Water	Muffin Splits Jam Fruit Water
Lunch	Fish Fingers & Mash <ul style="list-style-type: none"> • Fish fingers • Mashed potato and pumpkin • Sauce Water	Spaghetti Noodles & Meatballs <ul style="list-style-type: none"> • Noodles • Baby meatballs • Sauce Water	Rice & Lentil Curry <ul style="list-style-type: none"> • Rice • Brown lentils • Mild curry powder • Buttered bread Water	Chicken Nuggets & Chips <ul style="list-style-type: none"> • Chicken nuggets • Oven fries • Sauce Water	Scuola- Lunchboxes Beef Cottage Pie <ul style="list-style-type: none"> • Beef mince • Onion • Mash potato • Vegetables Water
Lunch (Under 1's)	Mash Potato, kumara, silver beet, pumpkin Puree fruit	Mash Potato, kumara, silver beet, pumpkin Puree fruit	Mash Potato, kumara, silver beet, pumpkin Puree fruit	Mash Potato, kumara, silver beet, pumpkin Puree Fruit	Mash Potato, kumara, silver beet, pumpkin Puree Fruit
Afternoon Tea	Fruit Muffins Fruit Water	Banana Loaf Bananas Water	Baked Oat Muesli Bars Oates Dried Fruit Fruit Water	Chocolate Muffins Fruit Water	Anzac Biscuites Fruit Water

Late Snack: May include crackers, biscuits, fresh or dried fruit